



**We are moving soon!**

**Current location**

4505 West Superior Street  
Duluth, MN 55807

**Upcoming Downtown location:**

Moving July 2023 to  
309 West 1st Street  
Duluth, MN 55802



**Serving Northern Minnesota  
and Northwestern Wisconsin**



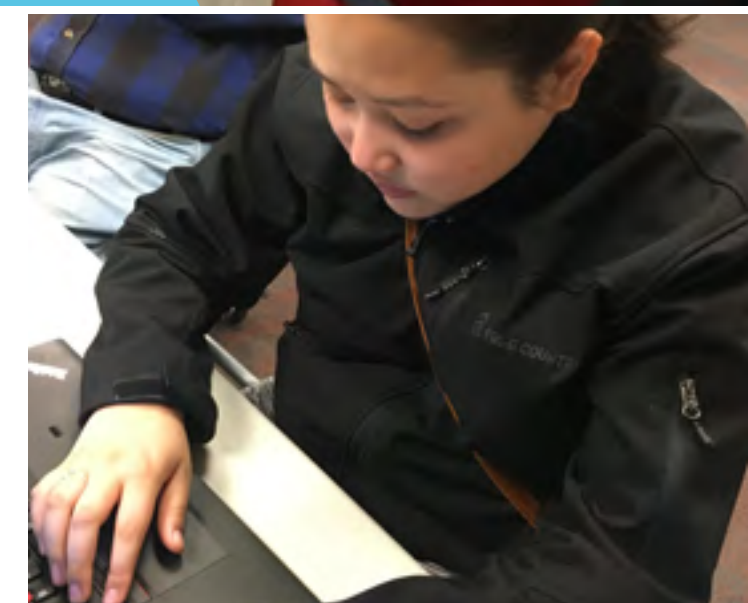
### A Little History

Founded in 1919 and formerly named the Duluth Lighthouse for the Blind, in 2020 we changed our name and expanded our mission. We now serve people with any disability, as well as any older adult.

Shown is a photo from the 1920s. The truck holds baskets and other items made by local residents who were blind. A sign reads, "Not Charity but a Chance."

### We Help Older Adults and People with Disabilities:

- Live more independently
- Be safer
- Connect to family and community
- Do the things in life important to them



### To Request Services:

**Call 218-624-4828**  
**Visit [LCFVL.org/referral](https://www.lcfvl.org/referral)**

**We can bill medical insurance, grants or waivers.**

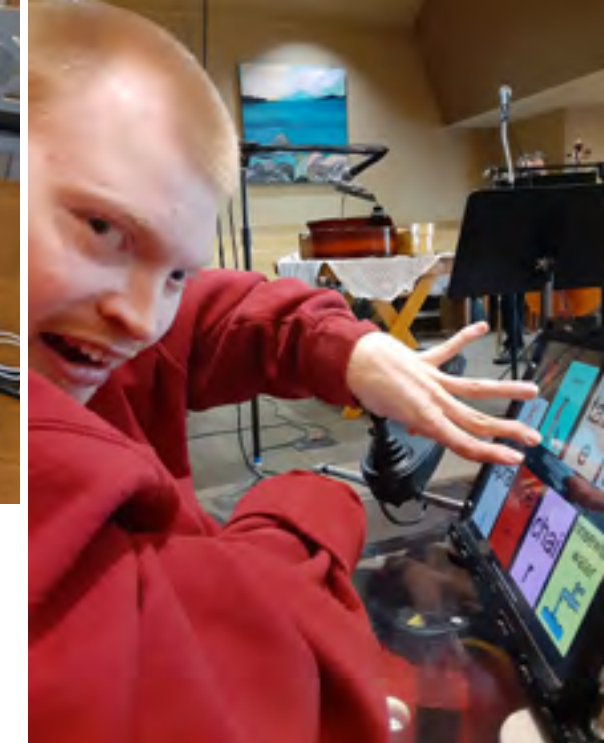


**Phone:** 218-624-4828  
**Fax:** 218-624-4479  
**Website:** [LCFVL.org](https://www.lcfvl.org)

**Open Monday through Friday**  
8:00 am - 4:30 pm

All photos in this brochure feature our clients and are used with permission.





**Smart Home devices** allow people to turn on lights, call family, turn on the radio or news—all via voice command. Family can also “drop in” visually to check on a loved one’s safety.

**The Lighthouse helps eligible clients** obtain tablets, computers and internet to connect to telehealth and other services.

## Disability or Aging Should Not Define You

Lighthouse professionals offer a customized “tool box” to help you maximize your goals and quality of life.

### Tools May Include:

- Adaptive techniques for performing specific tasks
- Home safety adaptations
- Specialized devices
- Technology solutions
- Social/emotional supports

**We offer services in clients’ homes, in our center and remotely.**

## Occupational Therapy

Our occupational therapists help people adapt to challenges imposed by aging or disability—for instance, physical, mobility or balance issues; memory or communication difficulties; hearing or vision loss. We help people find ways to do the things that are important to them. We may recommend adaptive aids, technology or home adaptations. We offer training to clients, caregivers and family.

### Low Vision Occupational Therapy

We help people make the best use of their remaining vision by using tools such as eccentric viewing, special lighting, magnification, technology and other adaptive skills. Our occupational therapists are two of only three therapists in Minnesota with the Specialty Certification in Low Vision (SCLV).

## Adjustment to Blindness Training

Clients come to our center for intensive training in the skills they need to live and work independently as a person who is blind or visually impaired. Topics may include white cane travel, daily living skills, technology, braille, adaptive leisure, employment readiness and emotional coping skills. Training can span several months or may be shorter, depending on a person’s needs. Training is also offered in clients’ homes.

## Technology Services

Lighthouse technology services help people discover, acquire, and learn to use technologies to improve safety, connectedness and quality of life. We offer assessments, device loans and demonstrations, and technology training for clients and family. We are experts in both mainstream and assistive technology.

### The Lighthouse Device Library

The largest in the region, our library includes 500+ devices for trial or loan. Examples include fall monitoring devices, medication dispensers, adaptive utensils, wheelchairs, ramps, computers, specialized software smart phones and adaptive telephones, enlarged keyboards or adaptive mice, electronic big screen magnifiers, adaptive dressing tools and more!

### The Lighthouse Transition Program

This program addresses the unique needs of teens with vision loss (ages 14-21). Youth come together from far away for learning and friendship, while gaining skills needed for future success. Summer camps and a school-year program are available.

## Other Services We Offer:

- Assisted transportation
- Social connection activities
- Support groups
- Audio newspapers
- COVID-19 vaccine and testing events
- Presentations

## Donations always appreciated!

For options, go to [LCFVL.org](http://LCFVL.org) and click on the donation tab.